Sl.No.18314 Course Code: 7580303/7560303

## VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM

# B.P.E.S./ B.Sc(P.Ed) DEGREE EXAMINATION – November 2018 Third Semester

#### TEST AND MEASUREMENT IN PHYSICAL EDUCATION

Time: Three hours Maximum: 75 marks

 $PART - A (10 \times 2 = 20 \text{ marks})$ 

Answer any **TEN** questions. All questions carry equal marks.

- 1. Define Test.
- 2. Define Evaluation.
- 3. Define Validity.
- 4. Define Objectivity.
- 5. What is physical Fitness?
- 6. Define Resting Pulse Rate.
- 7. What is Stride Length?
- 8. Abbreviation of AAPHBRD.
- 9. Write the test items of JCR Test.
- 10. What is Elastic Power?
- 11. Write the test items of Johnson Basketball Ability Test.
- 12. Write the test items of Dyer Tennis Test.

## PART - B (5 x 5 = 25 marks)

Answer any **FIVE** questions. All questions carry equal marks.

- 13. Need and importance of Measurement in Physical Education.
- 14. Test Administration Advance Preparation.
- 15. Explain the Stride Length and Stride Frequency.
- 16. Explain breath holding time and Vital capacity.
- 17. Explain Skin Fold measurement.
- 18. Explain Hardware Sleep Test.
- 19. Explain Miller Wall Volley test.
- 20. Explain Field Hockey Test.

### $PART - C (3 \times 10 = 30 \text{ marks})$

Answer any THREE questions. All questions carry equal marks.

- 21. Explain Measurement and Evaluation, Need and importance of measurement and Evaluation in Physical Education.
- 22. Explain Criteria of Test Selection.
- 23. Explain Components of Motor Ability Test.
- 24. Explain AAPHERD Youth Fitness Test.
- 25. Explain Johnson Basket Ball Ability Test.